

TKA VARCOMP FCC State Championships December 10th 2022 Itinerary

We are looking forward to a great 1st competition to get our team out in front of a crowd and hear quality feedback from judges that we will see at FCC Nationals.

Hotel Info

Rosen Shingle Creek ~ 9939 Universal Blvd. ~ Orlando, FL 32819 ~ (407) 996-9596

*Link for booking was sent through Remind

Checklist for Packing

Athlete Packing Checklist (athletes should be able to get away with a duffle bag – it's a quick trip):

- Note: Athlete Cell Phones will be collected on the bus and have limited use. If they need to contact you they are always welcome to use my phone or their own phone in the team suite. My goal is for the team to be intentional and make memories with those around them, not those in the virtual & electronic world.
- Packing Checklist:
 - Friday practice wear & bus ride up: White t-shirt w/blue shorts & white bow
 - Saturday BLUE uniform: Top, Skirt & RED bloomers & White bow, white no show Socks & CLEAN NEW infinity shoes
 - Black practice t-shirt for over uniform Saturday am
 - Jacket: ¾ black zip (given out during FB season)
 - TKA Black backpack
 - Make up: concealer/foundation, brushes/make up sponges, blush, highlighter, false lashes – “Lash Wispies Multipack” from Ulta (Macy & Kaiya will send picture in APP also), lash glue, Eyeshadow (nude base with light gold sparkles – Juniors will help with eye make up), mascara, RED lipstick
 - Hair: we will wear our hair in high pony's with no flyaways. Bring hairspray/gel, bobby pins, hairbrush, hair ties, white bow
 - Any tape, prewrap, braces, etc. needed for competition
 - Personal Items (Toiletries, face wash, shampoo, conditioner, toothpaste, toothbrush, hair ties, hair straightener, tampons, underwear, bras, sports bras)
 - Pajamas
 - Pillow & Blanket (not necessary, up to the individual)
 - Spending Money for anything you may want to buy.

FYI:

- The team will travel up to Orlando together via TKA bus (see itinerary for more details). Athletes are not required to ride the bus home, however please let Coach Jenn know by Thursday if you are not riding.
- Parents: If you have not filled out an overnight form, please fill one out and return to Jenn before Thursday.
- Athletes will stay in athlete rooms and expense is covered in our team budget
- Parents are always welcome to come and invited to book their own room
- Goal of this competition: to get this team in front of a crowd and receive helpful judges feedback to prepare up for FCC Nationals. We will be competing a first version of our routine.
- Rosen offers valet for guests, as well as, Self-Parking. Rosen Shingle Creek is offering a 40% discount on self-parking – the discounted parking is \$17 plus tax. They will send signs posted with a QR code.
- Videotaping & photography will be allowed
- Spectator Fee will be **CASH ONLY – please plan accordingly.**
- FCC offers a phone APP that can be downloaded for FREE in iTunes or the Google store.
- The team suite is a place that everyone is welcome. ALL family members are ALWAYS welcome in the team suite. Please come as you wish and get to know each other. However, try to be sensitive to team talk times. It will be a quick stay, however the best memories are made on the bus and in the hotel!

Looking for ways to help? We are seeking:

- 1 parent to pick up Team dinner at Olive Garden in Orlando at 6:30pm and bring up to the team suite at Rosen for the team to eat dinner together when they arrive. You do not have to pay for it, we just need someone to pick it up and get it up to the team suite and ready for the team to arrive and eat. (They will be HANGRY).
- 1 parent to bring a cooler of waters with ice to the team suite by 6:30pm on Friday for the team. We would like 48 waters please.
- 1-2 parent(s) to assist with Breakfast Saturday morning (7:15am) in team suite). Looking for bananas, cuties (mini oranges), yogurt, and granola & (Frozen) Jimmy Dean breakfast sandwiches that can be warmed in the microwave.
- Donate small gifts/candies, \$5/\$10 gift cards for the team saran wrap game/ball (Captains are collecting). All donations must be given by Thursday, December 7th to allow captains time to make it.
- TKA Cheer Parents are the best parents out there! If there is another way you would like to bless the team, please just reach out to Coach Jenn!

Athlete Room Assignments

Room 1: Macy, Amelie, Gigi

Room 2: Taylor, Schaffer, Sydney, Claire

Room 3: Kaiya, Peyton, Capri

Room 4: TeeTee, Sophia C, Sophia S, Aryanna

<u>Time</u>	<u>Details</u>	<u>Misc.</u>
FCC Itinerary Friday, December 9th 2022		
3:20-4:30pm	Practice @ South Florida Fair Grounds	White t-shirt w/blue shorts & white bow
4:30pm	Depart for FCC from SFF	
7:30pm	Arrive at Rosen	
7:30-8:30pm	Get settled at Hotel & Team Dinner in suite	*Olive Garden
8:30-9:00pm	Team Game	
9:00-9:30p	Showers & PJ's	
9:30-10pm	Team meeting	
10:00pm	In Rooms	
10:30pm	Lights out & Bed	
FCC Itinerary Friday, December 10th 2022		
6:45am	Wake up & Get ready	
7:30-8am	Breakfast in Team suite	Bring luggage to Team suite (rooms packed up)
8:00am	Head down to competition area	
8:45am	Coaches meeting	
8:45am	Doors open for Competition - \$10/cash only	
9:42am	Assigned warm up time	
10:12am	VARCOMP competes	
10:28am	Youth warm up	
11:08am	Youth competes	
10:46am	Mini warm up	
11:26am	Mini competes	
12:30pm	Awards	
1:30pm "ish"	Bus will depart back to TKA	We will grab lunch somewhere (please pack \$)
5:30pm "ish"	ETA back to TKA	

*As always, thank **YOU** for the continued support! Romans 12:5
Cheerfully, Coach Jenn*